

## ABSTRACT

A medium and low frequency electro-stimulated massaging bra includes a plurality of conductive strips embedded within a bra on predetermined locations. Each of the conductive strips has  
5 a first end connected with a conductive plate and a second end connected with a conductive button. The conductive buttons are clustered on a predetermined location of the bra, which can be coupled with a corresponding set of conductive buttons on a electro-stimulating controller so as to mount the controller onto  
10 the bra. The electro-stimulating controller charges the conductive plates, which are in direct contact with a human chest, to produce the effect of a medium and low frequency electro-stimulated massage on the chest.